

10 Career Stallers

And How to Overcome Them

Accelerating Excellence with Del Gilbert
Podcast Episode #57- Resource Guide

1. RELUCTANCE TO ACCEPT CORRECTIVE FEEDBACK.

- If you get defensive, angry, or discouraged at corrective feedback, you will never improve.

2. HAVING A PUBLIC FEUD.

- Holding a grudge hurts you the most.

3. FOCUSING ON ACTIVITY RATHER THAN ACHIEVEMENT.

- Forget about being busy. Ignore the noise and deliver results.

4. INABILITY TO ADAPT TO CHANGE.

- You can either see danger or opportunity when it comes to change. Rather than resist it, embrace it – it may lead to opportunities that you can't even see at the present time.

5. HAVING A BIG EGO.

- When people see that you are in it for yourself, you are the only one rooting for you. When you are all about everyone else, everyone else is rooting for you.

6. POOR RELATIONAL SKILLS.

- Every business is a relationship business.

7. LACK OF FOLLOW THROUGH.

- It comes down to credibility, dependability, and reliability.

8. COMPLACENCY.

- Do more than you are paid to do, and the day will come when you will get paid more for what you do.

9. POOR COMMUNICATION SKILLS.

- Be clear, organized, and concise.

10. GOING UNFILTERED.

- Think of yourself as a personal brand. CEO of You, Inc. The spotlight and microphone are always on. Build a sterling reputation.