The Power of Positive Feedback
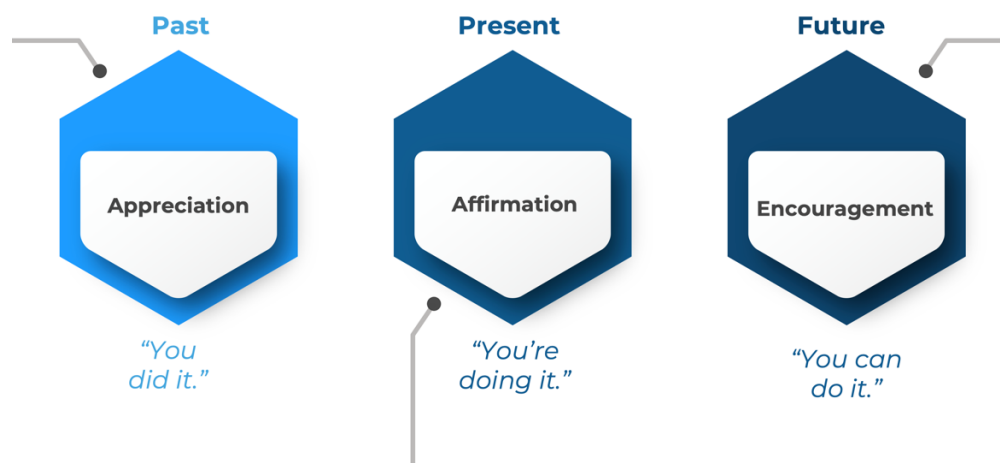
Accelerating Excellence with Del Gilbert
Podcast Episode #76 - Resource Guide

"The deepest desire in the human soul is the desire to be appreciated."
-William James

WHY GIVE POSITIVE FEEDBACK?

1. Positive feedback is a fundamental human need.
2. Positive Feedback gives others confidence.
3. Positive Feedback helps others discover their strengths.
4. In business, positive feedback will increase employee retention and engagement.
5. Positive feedback provides you, the giver of feedback, with inner satisfaction and gladness.

3 TYPES OF POSITIVE FEEDBACK

Past
Appreciation
"You did it."

Present
Affirmation
"You're doing it."

Future
Encouragement
"You can do it."

HOW TO DELIVER POSITIVE FEEDBACK

1. Face to face
2. A handwritten note.
3. Practice reverse gossip.
   Brag about others behind their back, but make sure you tell them too!

"In everyone's life, at some time, our inner fire goes out.
It is then burst into flame by an encounter with another human being.
We should all be thankful for those people who rekindle the inner spirit."
-Albert Schweitzer